



Get to know your local
chalk river this summer

Come and join the River Glaven Conservation Group on a short walk to look at the River Glaven on the Bayfield estate, one of the few globally rare chalk streams. The chalk gives the river its unique character and ecology, with mineral rich clear water ideal for invertebrates and rich plant life.

We will be looking at a brand new stretch of river on the Bayfield estate to see how this has improved functioning of the river Glaven and created ecological benefits. We will also enjoy a walk through surrounding farmland before returning to Natural Surroundings where you can purchase refreshments from the excellent cafe.

River Glaven walk

Saturday the 23rd May 2015
10am To 11:30am

Meet at Natural Surroundings, Glandford near Holt (follow signs for wildflower centre), Norfolk, NR25 7JN
www.naturalsurroundings.info

The walk is free but booking is required so hurry as places are limited.
Please email: gemma.clark@norfolk.gov.uk to book this River Glaven walk or phone 07768 031629.



www.norfolkcoastonb.org.uk



River Babingley walk

**Sunday the 7th June
10am to 12 noon**

Meet at Flitcham sports field off Abbey Road

Walk to Abbey Farm and the source of the River Babingley and see the river and surrounding wetlands (around 2 miles)

Free refreshments at Flitcham Community Centre from 12:00

Join us for a day on this beautiful chalk stream. Spring fed chalk rivers are a globally rare and declining habitat and Flitcham is fortunate that the River Babingley bubbles up through the ground. Enjoy the rare opportunity to walk to the source. The walk will be led by Edward Cross the Farm Manager of Abbey Farm.

The walk and refreshments are free but booking is required.

Please email: gemma.clark@norfolk.gov.uk or telephone 07768 031629 to book this River Babingley walk.



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Get to know your local chalk river this summer

The River Stiffkey is one of a very few chalk streams worldwide. The chalk gives the river its unique character and ecology, with mineral rich clear water ideal for invertebrates and rich plant life.

Come along and join us for a 3.5 mile river meander in Morston. Accompanied by a guide from the Norfolk Rivers Trust, we will take time to have a close up look at the River Stiffkey, find out about the importance of chalk rivers in Norfolk and have a peek at the aquatic life and natural heritage of this fascinating chalk river.

Stiffkey river walk

Saturday the 20th June

10am to 1pm

Meet at Morston National Trust car park

Morston Quay, Quay Road, Morston, Norfolk, NR25 7BH

Parking £3.50 all day

The walk is free but booking is required so hurry as spaces are limited.
Please email: gemma.clark@norfolk.gov.uk to book this River Stiffkey walk
or phone 07768 031629

If you wish to treat yourself to refreshments after the walk
please contact the Anchor at Morston direct on 01263 741392



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Get to know your local
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Join us for a 4.5 mile linear walk following the River Gaywood as it winds its way from Reffley Wood through King's Lynn to the Great Ouse, providing a vital wildlife corridor to link green spaces and bring wildlife into the heart of the town.

Spring fed chalk rivers are a globally rare and declining habitat and King's Lynn is fortunate to have one flowing through the town. In the company of a guide from Norfolk Rivers Trust, we will follow the river, find out about the pressures facing chalk rivers, what can be done to help the natural functioning of them, look out for wildlife along the way, and see how man has historically used the river.

River Gaywood walk

Sunday 19th July 2015

10am to 1pm

Meet at Reffley Wood (Sandy Lane entrance)

Finish at Boal Quay

It's a linear walk; you will need to use the bus to get to the start point!

Catch the 9.30am Coasthopper service 1 from bay 5 at the bus station

Ask for the Sandy Lane bus stop

The walk is free but booking is required so hurry as spaces are limited.

Please email: gemma.clark@norfolk.gov.uk to book this River Gaywood walk or phone 07768 031629

Please bring suitable footwear and refreshments.



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